

VIRTUAL LACTATION SUPPORT

FAQS

Welcome to SimpliFed!

We are excited to support you on your baby feeding journey. No judgement encouragement from breast to bottle and beyond!



WILL I HAVE TO SHOW MY BOOB?

Nope! Our IBCLCs can answer your questions and provide support in the way you feel most comfortable!

DO I HAVE TO SCHEDULE APPOINTMENT AROUND BABY'S FEEDING SCHEDULE?

Nope! We meet mom and baby where you're at. Our IBCLCs can still provide support, encouragement, and education even if you're not actively feeding on the call.



SHOULD I SCHEDULE AN APPOINTMENT WHILE I'M PREGNANT?

Yes! We love to meet you during pregnancy to help you set expectations, prepare for your baby feeding journey, help you set up your breastpump, and more. It's really nice to see a friendly, familiar face again once baby is born!



HOW CAN I PAY FOR THIS SERVICE?

SimpliFed's lactation services are covered by most insurance and we are happy to help submit a superbill for reimbursement. You can also pay out of pocket (\$50 for 30 minutes!). Also, some super supportive employers choose to support their moms with SimpliFed - ask your HR department!



Text 517-816-8729 to schedule an appointment!